



ALL SAINTS
WOMEN'S TRIADS

“WE MUST STAY CAREFUL TO MAINTAIN,
STRENUOUSLY, GOD’S POINT OF VIEW”

- OSWALD CHAMBERS

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WHAT A TRIAD IS

- An opportunity to commit to the body of Christ at All Saints with time, intention, excitement, and confidentiality for a period of one academic year.
- An opportunity to learn how to better listen to what is being said (and left unsaid) without wanting to rush in to soothe, fix, or help.
- An opportunity to practice being alert to God’s Spirit as He reveals your true motives in ‘wanting to help’. Is your response motivated by love or fear?
- A commitment to give and receive true, holy encouragement in a safe place.
- A commitment to regularly examine the motives behind your own thoughts, words, and real reactions to others before you speak.
- A commitment to offer the kind of expression that helps someone want to be a better Christian, even when life is difficult.
- A commitment to seek, find, and commend the goodness of Christ alive in another, even when that may be hard to do.
- A commitment to identify and strengthen the faith that God is growing in another, even when it may be impossible to see evidence of it on the surface.
- A commitment to practice trusting in God’s will and love, even when it’s a struggle.
- A commitment to holiness being the final goal! Not personal fulfillment; relational comfort, or improved circumstances.
- A place to practice acknowledging our emotions to God first.
- A regular reminder that this is a spiritual journey for all persons, no matter their age or length of Christian commitment.
- An opportunity to encourage the others in your group, simply by ‘being you’ and ‘being there’.

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WHAT A TRIAD IS *NOT*

- A social time; cheap ‘therapy’; mentoring; Bible study.
- A half-hearted, optional commitment—a ‘just try it and see if I get something out of it’ kind of deal; and drop out if I don’t feel that I am.
- A way to find some new BFF’s; social connection is not the primary goal—holiness is.
- A time to be concerned with only your deep desire to be encouraged; it’s not all about you.
- A place to be ‘diagnosed’, or ‘fixed’; nor is it a place to ‘diagnose’ or ‘fix’ others.
- A place to come with the expectation of finding a spiritually mature person who has answers as to how to make your life easier and more fulfilling.
- An opportunity to dump, vent, and express every single emotion with no concern for the welfare of others.
- A opportunity to impress others with your knowledge, compassion, spirituality, discernment, and wisdom.



“We must catch the idea that time spent with one another can somehow enrich our relationship with Christ...Relationships with one another can be enjoyable and fulfilling—and they should be. But the basis of our relationships is our shared life in Christ. Relationships must be regarded as opportunities to promote a fuller appreciation of Christ through mirroring Christ to one another, treating each other as valuable bearers of the image of Christ, and accepting one another in spite of shortcomings. Too often we view relationships as nothing more than a chance to feel comfortable and to experience a measure of fulfillment.”

**ENCOURAGEMENT, THE UNEXPECTED
POWER OF BUILDING OTHERS UP**

by DR. LARRY CRABB

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